



**ICSES
2019**

14° International Congress of Shoulder and Elbow Surgery
ICSET: 6° International Congress of Shoulder and Elbow Therapists
BUENOS AIRES, ARGENTINA | September 17 to 20

ICSET Program

Day 1: September 18th (Wednesday)

🕒	Session	Speaker
ICL 1 - Tendon Healing - Chairman: Chuck Thigpen		
09:30 09:40	Tendon loading and healing-update.	Jean Sebastien Roy
09:40 09:50	Eccentric exercises for shoulder.	Tim Uhl
09:50 10:00	Concentric and eccentric exercises for elbow.	Val Jones
10:00 10:10	Exercises dosing.	Ellen Shanley
10:10 10:20	Questions.	
10:20 10:50	Break	
Symposium 1 - Shoulder pain: diagnosis or a symptom? Chairman: Ellen Shanley		
10:50 11:00	Introduction.	Lory Michener
11:00 11:10	Scapula and shoulder pain.	Anju Jaggi
11:10 11:20	Rotator Cuff and shoulder pain.	Pablo Policastro
11:20 11:30	Osteoarthritis and shoulder pain.	Amee Seitz
11:30 11:40	Psychosocial intervention for shoulder pain.	Craig Wassinger
11:40 11:50	Questions and Debate.	

Free Papers - Chairmen: John Basti / Anju Jaggi

11:55 12:05	Paper 810: Physical size and shoulder ROM as risk factors for throwing related arm pain in youth baseball players.	Amanda Arnold
12:05 12:15	Paper 1002: Preoperative scapular rehab for arthroscopy repair of traumatic RTC tear: a results of RCT.	Adriano Mendes Junior
12:15 12:25	Paper 309: Mobilization after superior rotator cuff repair: sling vs no-sling. A RPStudy.	Alexander Ladermann
12:25 12:35	Paper 1185: A retrospective review of physical therapy utilization based on insurance type and coverage.	Vani Sabesan
12:35 12:45	Paper 32: Does pectoralis minor stretching provide additional benefit over an exercise in patients with SIS. ARCT.	Hector Gutierrez Espinosa
12:45 12:55	Paper 577: Pressure pain sensitivity mapping of the infraespinatus muscle in subjects with and without unilateral shoulder pain.	Leonardo Intelangelo
13:00 14:30	Lunch	

Key Lectures - Chairman: Lori Michener


14:30 14:45	Predicting recurrent shoulder instability.	Margie Olds
14:45 15:00	Shoulder instability-Guidelines.	Amee Seitz

Free Papers - Chairmen: Craig Wassinger / Ann Cools

15:00 15:10	Paper 980: Is shoulder joint position sense affected in partial and full-thickness supraspinatus tear.	Irem Duzgun
15:10 15:20	Paper 1038: Effect of a rehab program on musculoskeletal disorders and shoulder pain in orchestral musicians. A pilot RCT.	Marianne Roos
15:20 15:30	Paper 962: How much do the patients after rotator cuff repair use the involved shoulder in daily life.	Takayuki Muraki

15:30 15:40	Paper 963: Analysis of the three dimensional scapular kinematic and associated scapular muscle activity durin scapular muscle exercises.	Masataka Hori
15:40 15:50	Paper 274: Shoulder disability in patients with RC related disorders can be quickly assesed using the Copenhagen shoulder abduction rating.	Mikkel Bex Clausen
15:50 16:00	Paper 578: Passive scapular retraction increases the pressure pain threshold at the supraspinatus muscle in asymptomatic subjects.	Leonardo Intelangelo
16:10 16:40	Break	
Key Lectures - Chairmen: Marco Conti / June Kennedy		
16:40 16:55	Scapula measurements.	Tim Uhl
16:55 17:10	Total Arthroplasty Rehab.	John Basti
17:10 17:25	Management of rotator cuff after the seventy.	Chuck Thigpen
17:25 17:40	Reverse Rehab.	June Kennedy
17:40 18:00	Questions and Debate.	

Day 2: September 19th (Thursday)

	Session	Speaker
ICL 2 - New technique in Shoulder and Elbow - Chairman: Marco Conti		
09:30 09:40	High power laser.	Leonardo Guiloff
09:40 09:50	ESWT in shoulder and elbow.	Antoni Morral
09:50 10:00	Dry Needling.	Sue Falsone
10:00 10:10	Growth Factors and bioelectricity.	Jorge Genovese
10:10 10:20	Debate.	

10:20 10:50	Break	
Free Papers - Chairmen: Valeria Rodriguez / Maria Esther Capria		
10:50 11:00	Paper 214: Rotator cuff does it really matter where rehabilitation takes place.	Gustavo Tafoya
11:00 11:10	Paper 779: Effect of height and weight on the activity of anterior and middle deltoid muscles during a simulated work lifting task.	Isabelle Poitras
11:10 11:20	Paper 347: Screening ROM to predict upper extremity injury in overhead athletes: a systematic review and meta-analysis.	Federico Pozzi
11:20 11:30	Paper 638: Shoulder stability and movement coordination impairment: shoulder instability guidelines.	Amee Seitz
11:30 11:40	Paper 473: Return to sport after shoulder injury: intra-tester reliability of a test battery.	Margie Olds
11:40 11:50	Paper 114: Return to sport after arthroscopy treatment of recurrent anterior shoulder instability.	Stefan Greiner
12:00 12:20	Opening Ceremony.	
12:20 12:50	Codman Lecture	
13:00 14:30	Lunch	
Key Lectures - Chairman: Tim Uhl		
14:30 14:45	Frozen Shoulder. An Update.	Ellen Shanley
14:45 15:00	Slap Tears. An Update.	Lori Michener
15:00 15:15	Chronic musculoskeletal shoulder pain.	Craig Wassinger
15:15 15:20	Questions.	

Free Papers - Chairmen: Gabriel Novoa / Marcela Felder

15:20 15:30	Paper 1036: A descriptive analysis of a stage algorithm for rehab in patients seeking direct access to physical therapy for shoulder disorders.	Charles Thigpen
15:30 15:40	Paper 560: Evaluating the uptake and acceptability of standardized post op rehab guidelines using an online approach.	Judy Chepeha
15:40 15:50	Paper 529: The immediate and subsequent impact of a first time traumatic anterior shoulder dislocation, result from a national cohort study.	Margie Olds
15:50 16:00	Paper 276: Rasch validation of the danish version of the shoulder pain and disability index (spadi) in patients with rotator cuff related disorders.	Karl Bang Christensen
16:00 16:10	Paper 525: Scapular dyskinesia in healthy adults. Interobserver reliability.	Gaston Muhafara
16:10 16:20	Paper 393: Scapulohumeral rhythm decrease after reverse shoulder arthroplasty. A clinical report.	Nicole Cascia
16:20 16:40	Break	

Cross Fire: Post Rotator cuff surgery. Rest or early mobilization? Chairman: Anju Jaggi

16:40 17:20	Inmobilization-sling.	Guillermo Arce
	Early mobilization.	Chuck Thigpen

Free Papers - Chairman: Margie Olds

17:20 17:30	Paper 119: Relevance of PO drop sign in the functional outcome of elbow fractures-dislocations.	Bruno Bosio Airthon Carlos Correia Jakson da Silva Moura Felipe Abrahão Elias José Carlos Garcia Jr
17:30 17:40	Paper 152: Fat pad sign in the elbow.	Ana Nikolova
17:40 17:50	Paper 1053: A new plan to return to sports activity after elbows medial pain at teenage baseball players.	Carlos Moreno Castillo
17:50 18:00	Paper 1149: Comparative study of elbow stability after reconstruction of ligaments using traditional techniques or the box-loop techniques.	Rodrigo Veras Lopes Lopes

Day 3: September 20th (Friday)

	Session	Speaker
Symposium 2 - Shoulder and elbow in sports - Chairman: Ellen Shanley		
09:30 09:40	Injury prevention in sports.	Renato Soliaman
09:40 09:50	Muscle injuries in upper extremity in sports.	Takayuki Muraki
09:50 10:00	Baseball and tennis rehab.	Brian Leggin
10:00 10:10	Return to play.	Ellen Shanley
10:10 10:20	Questions.	
10:20 10:50	Break	
Key Lectures - Chairman: June Kennedy		
10:50 11:05	New trend to improve patients rehab adherence.	Marco Conti
11:05 11:20	The best exercises for scapular rehab.	Ann Cools
Free Papers - Chairmen: Jean Sebastien Roy / Tanya Mackenzie		
11:20 11:30	Paper 429: The impact of formal vs informal rehab on improvements after primary RTSA for RC deficient arthritis.	Howard Routman
11:30 11:40	Paper 219: Complex regional pain syndrome type 1: incidence and risk factors analysis following shoulder subacromial surgery.	Marie Martel
11:40 11:50	Paper 242: Immediate mobilisation following reverse total shoulder arthroplasty. A new rehab protocol.	Ofer Levy
11:50 12:00	Paper 1167: Does early mobilization affect ROM and clinical outcomes after reverse shoulder arthroplasty.	Ahmed Al-Mansoori
12:00 12:10	Paper 404: Validity of a new electrical goniometer (EASYANGLE) for measuring scapular mobility.	Tim Uhl
12:10 12:20	Paper 500: Horizontal abduction moments across the shoulder during four different push-up.	Nicholas Heebner

12:20 13:00	Case problem: discussion and conclusion - Presenter: Osvaldo Patiño Panel: Tim Uhl - Ann Cools - Lori Michener - Ellen Shanley	
13:00 14:30	Lunch	
Key Lectures - Chairman: Amee Seitz		
14:30 14:45	The shoulder arm return to sport (SARTS) test battery.	Margie Olds
14:45 15:00	Manual therapy: action mechanism in shoulder.	Gabriel Novoa
15:00 15:15	Oncologic reconstruction of the shoulder: a challenge for physical therapists.	Miguel Ayerza
15:15 15:30	Debate and Discussion.	
Key Lectures - Chairmen: Ellen Shanley / Renato Soliaman		
15:30 15:45	Elbow Arthroplasty.	Carlos Zaidenberg
15:45 16:00	Rehab EA.	Val Jones
16:00 16:15	Rehab after proximal humerus fractures.	Valeria Rodriguez
16:15 16:30	The challenge of quadrilateral space-are you missing it?	Tanya Mackenzie
Free Papers - Chairman: Jean Sebastien Roy		
16:40 16:50	Paper 48: Analgesia by acupuncture after rotator cuff repair.	Yonder A. Ching-San Jr.
16:50 17:00	Paper 1024: Outpatient physical therapy rehabilitation in patients with musculoskeletal injuries of the upper extremity. Descriptive, prospective study.	Pedro Salgado
17:00 17:10	Paper 622: Use of kinesiotaping in patients with shoulder impingement.	Fernando Ramirez
17:10 17:20	Paper 489: Cross-cultural adaptation and validation of the argentine "American shoulder and elbow surgeons, patient self-report section" Questionnaire.	Andres Pierobon
17:20 17:30	Closing Ceremony Rehabilitation.	Osvaldo Patiño
17:30 18:00	Closing Ceremony ICSES 2019.	